

Sermon Questions for Community Groups

Sermon: Life-Giving Rhythms: The Rest We Need

Speaker: Pastor Steve Edelman

Date: Jan 6, 2019

Scripture: Matthew 11:28-30

1. How did God speak to you through the sermon on Sunday?
2. What do you run to for rest apart from Jesus?
3. What aspects of the Christian life do you find especially taxing or burdensome?
4. How have the ways you dealt with life's struggles and disappointments changed as your relationship with Christ matured?
5. What areas of your life do you have trouble finding rest? Why are these areas a struggle?
6. What steps can you do over the next week to take up the yoke of Christ?

Prayer Requests: